

| Uhrzeiten | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag |
|-----------|-----------|-------------------------|-----------|------------|---------|---------|
| 8:30 | | Funtone | | | | |
| 9:30 | | | | | | |
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| | | | | | | |
| 18:00 | | Funtone (50 Min) | | | | |
| 19:00 | Poweryoga | Therapeutisches Yoga | Poweryoga | | | |
| 20:15 | | | | Mama-fit | | |